Ranch Style Beans

Prep Time

Cook Time

Soaking Time

10 mins

2 hrs 30 mins **Total Time**

6 hrs

8 hrs 40 mins

Tender pinto beans, zesty spices, and a thick gravy all come together in this simple, affordable, and easy recipe for homemade Ranch Style Beans!



Course: Lunch or Dinner, Side Dish

Cuisine: American

Keyword: pinto beans recipe, ranch beans, ranch style beans

Servings: 6 - 8 people Calories: 222.9 kcal

Author: Blair

Ingredients

1 (16 oz) package dried pinto beans

1 quart water

1 (6 ounce) can tomato paste

1 small onion, diced

2 cloves garlic, minced

1 tablespoon chili powder

1 teaspoon ground cumin

1 teaspoon paprika

2 teaspoons salt

1 teaspoon packed brown sugar

½ teaspoon black pepper

Cayenne pepper, optional, for heat, to taste

Optional, for serving: hot sauce, grated cheese, sliced jalapeno, sour cream, sliced green onion, chopped fresh parsley or cilantro

Instructions

- 1. Rinse beans. Place in a large pot and cover with 7 cups of water. Let stand 6-8 hours, or overnight. Drain and return beans to pot.
- 2. Add 1 quart (4 cups) of fresh water to the pot with the beans. Bring to boil. Reduce heat; cover and simmer for 1 ½ hours (or until beans are tender). Add remaining ingredients; bring to a boil. Reduce heat; cover and simmer 1-1 ½ hours longer (until beans are tender and gravy is thick). Season with salt and pepper, to taste.

1 of 2 2020-09-24, 12:58

ALTERNATIVE SLOW COOKER METHOD:

1. You do not need to soak the beans. Simply place the dry beans, onion, garlic, tomato paste and seasonings in the slow cooker. Add 7 cups of water and stir. Cover and cook on LOW for 8-10 hours, or until the beans are tender.

Recipe Notes

- Adjust the seasoning: Taste the beans and adjust the seasoning to suit your family's tastebuds. As written, these are fairly mild beans. You can add as much cayenne or hot sauce as you like to increase the heat! You'll also want to season well with salt and pepper.
- Ranch Style Beans with Meat: As written this Ranch Style Beans recipe is vegetarian and vegan. If you prefer, you can add a ham hock or cooked bacon to your pot of beans.

| Amount Per Serving (1 /8 of the beans) | |
|--|-------------------|
| Calories 222.9 | Calories from Fat |
| | % Daily Value |
| Fat 0.4g | 1% |
| Saturated Fat 0.1g | 1% |
| Polyunsaturated Fat | 0.2g |
| Monounsaturated Fa | t 0.1g |
| Sodium 458.5mg | 20% |
| Potassium 263mg | 8% |
| Carbohydrates 42.2g | 14% |
| Fiber 9.7g | 40% |
| Sugar 5.2g | 6% |
| Protein 12.6g | 25% |

2 of 2 2020-09-24, 12:58